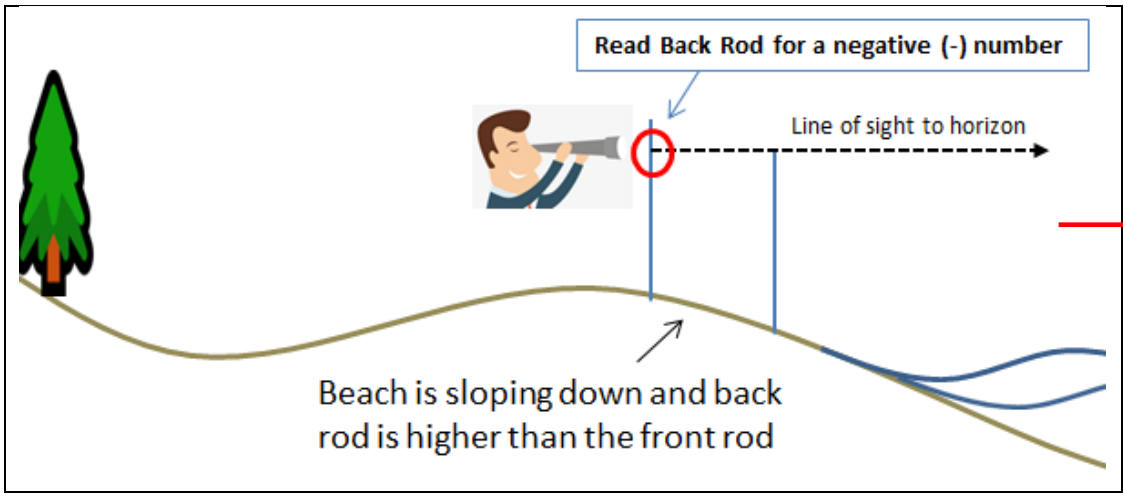
✓	Beach Profile Checklist
	Conduct “tailgate” Job Safety Analysis (JSA) briefing and sign JSA form.
	Check that the horizon is visible.
	Find the profile starting stake and lineup against the landward and seaward landmarks.
	Begin note-taking on the form.
	Take a Waypoint and note GPS coordinates at the starting stake.
	Take a seaward photograph from starting stake (Photo 1).
	Record the starting stake height. Put the 0 (zero) end of the rod on the ground and read the height of the stake from the ground up.
	Set BACK rod at starting stake (keeping rod vertical) and FORWARD rod at 3m distance along the transect line (or a shorter intermediate distance if necessary). Remember, as a team, to check that the transect line stays aligned properly with the landmarks.
	From the BACK rod to the FORWARD rod, measure Vertical Elevation Change and Horizontal Distance. • Observer carefully calls out if the elevation is a negative “-“ or a positive “+” reading. • The scribe should repeat the vertical and horizontal readings to the observer to ensure that the correct numbers are recorded. • The scribe should verify that a 3m interval is maintained along the transect when intermediate elevations are measured. • Note any substrate/vegetation or other features, such as the Last High Water Swash (LHWS) line, dune vegetation, wrack, etc.
	Move BACK rod to the exact spot where the FORWARD rod was placed (keeping rod vertical and in line with the profile marker).
	Move FORWARD rod seaward 3m or to an intermediate distance less than 3m if there is a land feature requiring a smaller interval to measure the elevation change accurately. Ensure that the intermediate distances add up to a 3m interval such that the overall 3m spacing is maintained throughout the transect.
	Repeat until at the water line (WL).
	Take a Waypoint and note GPS Coordinates at the water line.
	Note time at Water Line (last profile reading).
	Take a landward photograph from the water line (Photo 2).
	Take alongshore photographs (each way) from near the Last High Water Swash (LHWS) or wrack line. Take your first picture toward the right (Photo 3) and the last picture toward your left (Photo 4). Orientation for left and right is looking landward.
	Conduct Tar Ball survey 50m on either side of the profile transect in the upper intertidal and supratidal zones near the LHWS (see Section 2.2)



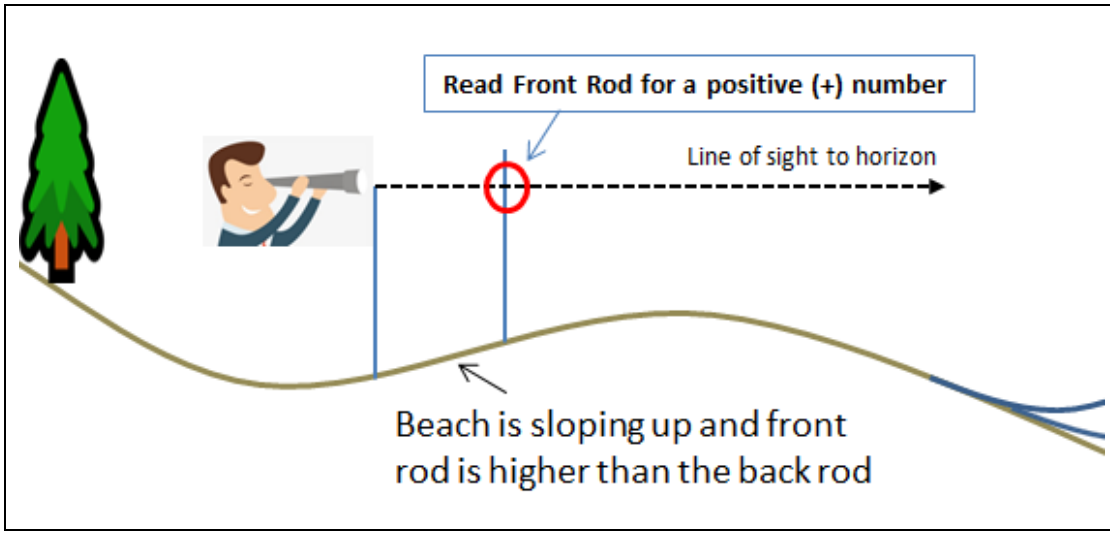


PHOTO LOCATIONS